

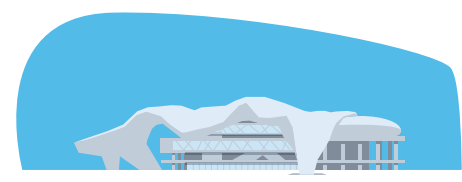


# MILAN

by



[www.prioritis.com](http://www.prioritis.com)



## CLOSE TO ISPOR

### NEAPOLITAN GROCERY

#### 1 FRIARIE € €

**1** **FRIARIE** € €

🏠 Piazzale Damiano Chiesa, 2  
 ☎ +39 (0)2 36 595 391  
 🕒 **Mon-Fri** 11am - 3pm & 5pm - 9:30pm  
**Sat** 9:30am - 9:30pm  
 📧 [www.friarie.com](http://www.friarie.com)

This "Ambassador of Neapolitan flavors in Milan" is a half restaurant-half grocery spot that offers tasty and generous portions of homemade recipes to take away or eat in.

The place is small and seats are limited, so if the weather is sunny, take out your stuffed pepper or your macaroni omelette!

### BEST PIZZA!

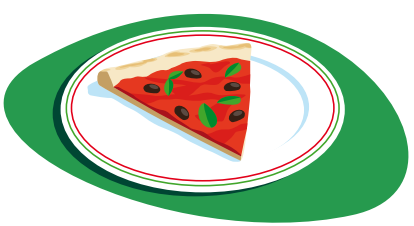
#### 2 MONOPOLI € €

**2** **MONOPOLI** € €

🏠 Via Piero della Francesca in front of #68  
 ☎ +39 (0)2 49 529 381  
 🕒 **Mon-Sat** 12am - 3pm & 7pm - 11:30pm

One of our favorite address and not a tourist trap! This typical trattoria proposes a Pugliese traditional cuisine (from Puglia). Great pizzas, tasty meat and sea food dishes under the warm supervision of the Mama!

Good value for money.



### JAPANESE DELIGHT

#### 3 IYO € € €

**3** **IYO** € € €

🏠 Via Piero della Francesca, 74  
 ☎ +39 (0)2 45 476 898  
 🕒 **Tue-Sun** 12:30am - 2:30pm & 7:30pm - 11 pm  
 📧 [www.iyo.it](http://www.iyo.it)

One of the best Japanese restaurant in Milan, long time award winner, it's the place to enjoy a delicate and spectacular cuisine. The open kitchen puts on a show with its robatayaki, an impressive Japanese grill, which cooks food on several levels! Don't miss the yellow tail tartar...

## RESTAURANTS - TRATTORIAS

### 100% MEAT

#### 4 RIBOT € € € €

**4** **RIBOT** € € € €

🏠 Via Cremosano, 41  
 ☎ +39 (0)2 33 001 646  
 🕒 **Open daily** 12am - 2:30pm & 7:30pm - 11 pm  
 📧 [www.ribotmilano.it/it/menu.html](http://www.ribotmilano.it/it/menu.html)

A simple and delicious Tuscan-inspired cuisine with a great choice of meat cuts prepared with love. Difficult to choose between the wonderful beef «Tagliata» and the «Antica al Tegame», presented in a large pan directly at the table; the meat is grilled, sautéed with fresh market vegetables.

### FROM THE SEA

#### 5 TRATTORIA DEL PESCATORE € € € € €

**5** **TRATTORIA DEL PESCATORE** € € € € €

🏠 Via Atto Vannucci, 5  
 ☎ Reservation required +39 (0)2 58 320 452  
 🕒 **Mon-Sat** 12:30am - 2:30pm & 8pm - 11 pm  
 📧 [www.trattoriadelpescatore.it](http://www.trattoriadelpescatore.it)

An institution since 1976. Succulent fish dishes at a reasonable price price for Milan!

The Catalan lobster with tasty tomatoes and fresh onions, signature dish of the trattoria, is worth the visit and the seafood risotto transports you to the Mediterranean shores. The place is warm, unfussy and frequented by locals.

#### 6 LANGOSTERIA 10 BISTROT € € €

**6** **LANGOSTERIA 10 BISTROT** € € €

🏠 Via privata Bobbio 2  
 ☎ +39 (0)2 58 107 802  
 🕒 **Tue-Sun** 12am - 3pm & 7pm - 11:30pm  
 📧 [www.langosteria10bistrot.it/en](http://www.langosteria10bistrot.it/en)

An impressive choice of remarkably fresh fishes and seafood. Make your choice among the day's catch or choose to try one of their ultra fresh tartars. If you are lucky, you might be able to taste the pasta with sea urchins! A nice choice for a fancy lunch or even for a bite alone at the bar.



### SEE AND BE SEEN

#### 7 DAL BOLOGNESE € € € €

**7** **DAL BOLOGNESE** € € € €

🏠 Via Amedei 8  
 ☎ +39 (0)2 62 694 845  
 🕒 **Tue-Sat** 12:45am - 3pm & 8pm - 11:30pm  
**Closed Sun and Sat lunch**

Milanese version of the famous Rome restaurant. More of a "people" institution than a 3 stars Michelin! Dal Bolognese is a trip in fancy Milan... Premium products for premium prices and premium crowd.

A special mention for the charming cloister decor and the pasta Bolognese!

### ITALIAN GASTRO

#### 8 RISTORANTE PIER 52 € € € €

**8** **RISTORANTE PIER 52** € € € €

🏠 Via Piero della Francesca, 52  
 ☎ +39 (0)2 33 600 400  
 🕒 **Open daily** 12am - 2:30pm & 7pm - 11:30p  
 📧 [www.pier52milano.com](http://www.pier52milano.com)

Grilled octopus, fisherman spaghettis, great t-bone, an Alba truffles' menu beyond competition... A gastronomic address, yet simple and chic, which focuses on seasonal and quality products. Recently visited by Guillaume Gomez the Chef of the French Presidency - a bloody guarantee!



## TASTY ORGANIC

9 AL FRESCO € € €

🏠 [Via Savona 50](#)  
 ☎ +39 (0)2 49 533 630  
 🕒 **Tue-Sun 12:30am-3:30pm**  
 & 7:30pm-12:30pm  
 ✉ [www.alfrescomilano.it/en/il-luogo](#)

Former factory renovated in a bright and contemporary style. Friendly atmosphere, local customers and healthy meals.

The garden is an oasis away from the busy city. Bottarga spaghetti, lamb ragout gnocchi, a seasonal cuisine with organic and carefully selected products.

10 RISTORO AGRICOLO

🏠 [Via Gaetano de Castilia, 7](#)  
 ☎ +39 (0)2 87 063 435  
 🕒 **Mon-Tue 8am-2:30pm**  
**Wed-Sat 8am-11:30pm**  
 ✉ [www.facebook.com/ristoroagricolomilano](#)

Opened by two young childhood friends, this tiny hidden restaurant offers tasty traditional dishes with ingredients from their family farm.

For a «slow food» break in the historic and fashionable neighborhood of Isola.



## NEIGHBORHOOD TRATTORIA

11 TRATTORIA MIBABBO

🏠 [Via Lazzaro Papi snc](#)  
 ☎ +39 (0)2 45 488 997  
 🕒 **Closed Sunday**  
 ✉ [www.facebook.com/mibabbo.it/?fref=ts](#)

A nice trattoria out of the center, popular among regulars and locals. To enjoy home made pastas, entrecote tagliatta or a great pizza in a specially nice decor of brick and white wood. Very good value for money.



MILAN

by

**Prioritis**  
market access



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## DRINK

### FOR THE VIEW

12 TERRACE OF THE CERESIO 7 HOTEL

🏠 [Via Ceresio 7](#)  
 ☎ +39 (0)2 31 039 221  
 ✉ [www.ceresio7.com/content/bar](#)

Located on top of the Enel Building, Milanese headquarters of the DSquared brand, this rooftop offers 360 degree views of the city. Cocktails are made in the rules of art by stylish bartenders.

Try one of Italian most famous drinks, the Spritz or the Negroni.

### FOR THE MILANESE CHIC

13 TRUSSARDI CAFÉ

🏠 [Piazza della Scala, 5](#)  
 ☎ +39 (0)2 80 688 295  
 ✉ [www.cafetrussardi.it/Dehors.html](#)

For the architecture (imagined by the Carlo Ratti Associati studio) and the vertical garden of French landscape designer Patrick Blanc. Gives you a taste of the Milanese chic lifestyle among an elegant and fashion crowd.

### FACING THE ARCO DELLA PACE

14 DESEO

🏠 [Corso Sempione](#)  
 ☎ +39 (0)2 315164  
 🕒 **Open daily 8am-2am**

Authentic cocktail bar, popular among trendy young Milanese. More for the setting and the atmosphere than for the generous (yet not delicious) buffet. Great view on the Arco della Pace (Arch of Peace).

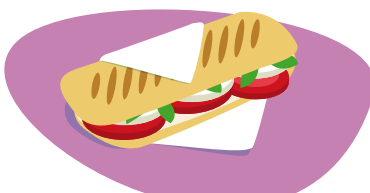
## TAKE AWAY

### PANZEROTTI OUT OF THE OVEN

15 LUINI PANZEROTTI € 2,50/2,70

🏠 [Via Santa Radegonda, 16](#)  
 ☎ +39 (0)2 86 461 917  
 🕒 **Mon 10am-3pm & Tue-Sat 10am-8pm**  
 ✉ [www.luini.it](#)

Since 1888, this oven has baked thousands of panzerotti, delicious hot turnovers, stuffed with mozzarella, tomato, basil with or without olives and anchovies. We personally fell in love with the chocolate one...or the chestnuts/almonds!



## YUMMY PANINI

16 PANINOLAB

🏠 [Via Montevideo, 8](#)  
 ☎ +39 (0)2 22 220 034  
 🕒 **Sun-Mon 12am-3pm**  
**Tue-Sat 12am-3pm & 6pm-12pm**  
 ✉ [www.paninolab.it](#)

In the hype Navigli neighborhood, this "off the wall" industrial spot proposes gastronomic Panini: crispy bread, fresh cold meats and vegetables, delicate and aromatic toppings. In one word...a take-away for gourmets! Eat-in or take away.

## ICE CREAM

17 IL MASSIMO DEL GELATO

🏠 [Via Lodovico Castelvetro, 18](#)  
 🕒 **Tue-Sat 12am-12pm Sun 11:45am-12pm**

Best gelato of Italy for the Milanese! Difficult to choose between the 10 chocolate flavors, the fruity sorbets and the creamy ice creams! Don't be afraid to line up (you never wait more than 20 minutes) and meanwhile you socialize!



18 SHOCKOLAT

🏠 [Via Boccaccio, 9](#)  
 🕒 **Mon-Fri 7:30am-1am**  
**Sat 8am-1am Sun 10am-1pm**  
 ✉ [www.facebook.com/chocolatmilan/?fref=ts](#)

Alert! For chocolate addict only! The cacao bean is proposed in an unbelievable range of flavors: milk, rum, jalapeño, hazelnuts, orange...and a powerful extra black chocolate!

19 IL NEGOZIETTO DEL GELATO

🏠 [Alzaia Naviglio Pavese, 6](#)  
 🕒 **Tue-Sun 12am-1am**

This tinny corner shop offers artisanal incredibly creamy ice creams, all made with season's products. Creative recipes from saffron, honey or hazelnuts to pistachio, extra black, or even poppy chocolate!



## ESPRESSO

20 CAFÉ NAPOLI

🕒 **Mon-Thu 7am-1am Fri & Sat 7am-3am**  
**Sun 7am-1am**  
 ✉ [www.facebook.com/CaffeNapoliExytUS](#)

Lively and crowded coffee shop with tasty Italian espresso in numerous combinations. With Nucciola, in granite, in creamy cappuccino... If you are not in the mood for coffee, try the Moscow mule cocktail!